

Elk Point REVIEW

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Tuesday, September 24, 2013

Vol. 33 No. 39 • \$1 (GST incl.)

Truck traffic
Concerns CAPC

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Local authors
Tell their stories

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Provincials
...Page 6



Vicki Brooker photo

Grant supports Library System initiatives

Fort Saskatchewan - Vegreville MLA Jackquie Fenske presented Northern Lights Library System board chair Larry Tiedemann with a \$50,000 Community Initiatives Program grant that will enable the system's 45 libraries to adapt to upcoming changes in the province-wide circulation computer system.

NLLS growing stronger with CIP grant

By VICKI BROOKER

Review Staff

Northern Lights Library System received a financial boost on Thursday evening that will help the system to enable the staff of its 45 member libraries to access The Alberta Library (TAL) circulation catalogue, following upgrades which will come into effect in January.

Fort Saskatchewan - Vegreville MLA Jackquie Fenske presented NLLS board chairman Larry Tiedemann with a \$50,000 Community Initiatives Project (CIP) grant, on behalf of Minister of Culture Heather Klimchuk as the 21st Annual NLLS Conference got underway. Commenting on the conference theme, 'Growing Stronger Together,' Fenske said,

"You certainly are growing, and libraries are not made, they are grown."

The CIP grant, along with one of the \$25,000 grants from Minister of Municipal Affairs Doug Griffith that went to each of the 16 Alberta Public Library Electronic Network (APLEN) nodes across the province, and \$25,000 from NLLS reserves, "give at least one new system computer, replacing ones still running Microsoft XP, which will no longer be supported as of January," Tiedemann said. The system computers are used by library staff at the checkout desks, and "without the new computers, the libraries would not be able to access the catalogue."

Tiedemann said NLLS is "the only system giving our libraries that kind of support. This is a tremendous grant for our libraries."

(Continued on Page 2)

All beds open, nursing positions filled at Elk Point Healthcare Centre

By VICKI BROOKER

Review Staff

"At the Lakeland Communities Health Advisory Council meeting, Wendy Harrison, vice president of Rural Health for the Northeastern Zone, stated that all nursing positions at the Elk Point Health Care Centre are now filled, and they have begun advertising for the head nurse position in Acute Care and ER," Zone 5 Health Council representative Diana Anderson reported after returning from the meeting held Sept. 19 in Lac La Biche.

"All 12 acute care beds are now open and available for admission."

Anderson said she is grateful to all those who expressed their concerns and "worked hard to help regain full health care services in our community," and to the Town of Elk Point and the County of St. Paul for providing funding for the housing incentives "that were needed to recruit the needed nursing staff." MLA Shayne Saskiw, MLA Genia Leskiw and Alberta Health Services, "in particular, Wendy Harrison," were instrumental in the process, Anderson noted.

The report from that meeting followed a Anderson's report earlier in the week to the Elk Point Interagency Health

Committee that outlined the results of a survey she conducted at the community Information Night, which collected recommendations and accolades from a total of 41 respondents.

Recommendations included the need for housing for nursing staff, full-time work for nursing staff rather than part-time or casual positions, need for more support for seniors trying to stay at home such as assistance with housework and meal preparation, simplification of communication and services, stabilization of services, better transportation options for medical

appointments and services, and local decision making that does not have to go through layers of bureaucracy before any action can be taken.

Those surveyed also answered the question, "What is working well regarding health services in our area." Respondents said that, "24-hour nursing service in the lodge - Great!" along with short wait times to see a physician, the availability of immunizations, and home care, which that individual felt "should be given every financial and political support possible."

(Continued on Page 2)

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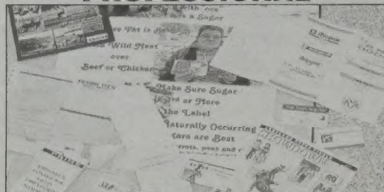
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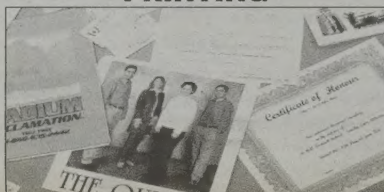
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Trucks speeding, tailgating a big concern for CAPC

By VICKI BROOKER
Review Staff

Speeding and tailgating by large trucks was the most prevalent concern as Elk Point's Community Advisory Policing Committee (CAPC) met last week for the first time since the summer break.

Both oilfield and gravel trucks came under fire at the meeting, with town Couns. Ron Fraess and Bernice Capjack both commenting on the effect of increased traffic and "aggressive drivers" who "follow too close" throughout the area, including Hwy. 646, the Murphy Road and Northern Valley Road. Traffic on 646 between the Recreation Park and transfer station intersection and Hwy. 41 has increased so much in volume that the town is considering asking for a reduced speed zone in that area.

Oil patch representative Al Pankiw said that now six miles of the Northern Valley road have been completed, speeding is a problem on that stretch. "With improvement comes speed," he noted.

Energy companies are patrolling their workers, but subcontractors are harder to keep tabs on. The twin pipelines are now at Hwy. 640, adding to the traffic in the area. Crews are being bused to and from work, but contract workers make up a significant part of the 600 people in the work force on the project.

Perennial problem

Downtown traffic didn't escape unscathed, either, as several members brought up the perennial problem of northbound traffic turning across Main Street to reach angle parking spaces adjacent to the southbound lane. While the post office is the most frequent destination, motorists have been observed making this illegal maneuver in the other two blocks as well. It was noted that this is especially an issue for seniors, who tend to "move a little slower," Margaret Modin of the Pioneer Circle noted.

Pastor Jim MacLellan added that people are "backing out of angle parking spaces the wrong way," and that with more angle parking recently added in the downtown area, he feels the problem will increase.

The pastor also noted that with increased traffic comes a need for increased policing, and Sgt. Dave Casey is hopeful that could be the case. He and Corp Roy Auger are "trying to put together a business plan to get at least one more member. This is a very busy little detachment with a very high volume of Criminal Code files. There's no easy answer, we're busy as can be."

Frog Lake position filled

Sgt. Casey was pleased to report, "we finally have the Frog Lake position filled," with that member quite busy, and he is hopeful that a similar position in Fishing Lake will be in place soon. Because the detachment is so busy, the St. Paul Highway Patrol has been making regular visits to highways in the area in search of speeders. Another area of concern is the need for truck inspections, and the sergeant said the department in charge could "also do with a lot more personnel."

Sgt. Casey suggested the local traffic volume concerns be brought to the attention of the local MLA and the

Minister of Transportation.

"We will deal with complaints as best we can. License plate numbers are great, but the complainant has to be in court," he noted. "We are only as good as the communities we serve, and we have a very large, very busy area to cover."

Vandalism at FGM

Vandalism at F. G. Miller High School is "a huge concern" says Sherry Bower-Gagne. One of a pair of ornate cast iron benches donated by a recent graduating class was damaged by vandals within days of its installation in front of the school, to the extent that repairs may not be possible.

Bower-Gagne also has concerns about youths frequenting Markstad Park and the possibility that they may be engaged in illegal practices at that site, which includes a children's playground. Speeding past the park is another concern, she noted.

SADD, PUP amalgamate

FGM's SADD (Students Against Destructive Decisions) group is being blended with the PUP (Practitioners of Underground Philanthropy), she reported, with the combined group now so popular that there is standing room only at meetings.

Hannah Ganske, who along with Kira Brunner just joined Cheyenne Lawrence as student representatives to the CAPC, said the PUP meets every Thursday at noon hour and that the community is welcome to join in their worthwhile endeavours. Brunner said the PUP members plan to visit the Hope Mission again this year, and are also interested in helping the hungry closer to home through the food bank.

Elk Point does not have its own food bank, and local residents in need visit the St. Paul facility. Pastor Jim MacLellan said he directs potential donors there, as the St. Paul Food Bank "has the means to store, check expiry dates and distribute" the food to those who need it.

Lawrence reported that the school year kickoff barbecue had a 'Lucky 13' theme, and included a scavenger hunt. Mona Bristow of the Parent Council helped with organizing and carrying out that event.

Pankiw also reported that the Elk Point Oilmen's Association's annual Oilmen's Golf Tournament was very successful, with 14 flights, and that plans are underway for their 31st annual bonspiel this winter. The EPOA hopes that ice will be available in Elk Point for that event, because "if we had to take it out of town, it would be too cumbersome." He added that the EPOA events are "strictly volunteer run."

The oil patch continues to experience the loss of equipment and tools to theft, he said.

RCW to meet

Greater Lakeland Rural Crime Watch president Orest Sereda told the CAPC that his group had taken part in the Elk Point parade and Information Night and had run three bingos over the summer. This fall, the group will be looking at revising their bylaws.

The next RCW meeting is Oct. 17, and he hopes to have the fan-out computer working better by then, as the reminder about the last meeting didn't reach some of the members until three weeks after it occurred.

25th Annual Great White North PUMPKIN FAIR and WEIGH OFF

Sat., Oct. 5/13 Smoky Lake, AB

Friday., October 4, 2013

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FREE Family Entertainment, Pie and Refreshments (Arena)

Saturday., October 5, 2013

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Entertainment by Christine Horne (Complex Arena)
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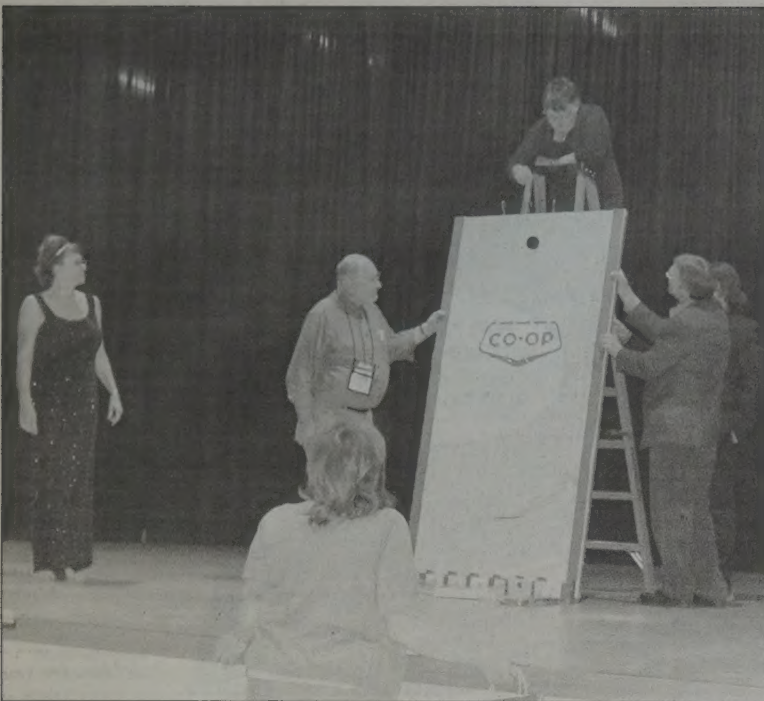
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Giant Pumpkin Drop (West of Complex)
Old Time Pumpkin Dance - White Earth Community Hall (North of Hwy. 855)
Smoky Lake Ag Society Concert / Dance (Complex Hall)

Sunday., October 6, 2013 (Only Event)

Pumpkin Classic Golf Tournament
(Smoky Lake Golf Course)
(Weather Permitting)

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Vicki Brooker photos

FUN AND GAMES AT NLLS CONFERENCE - A delegate from Bon Accord launches her token down the Plinko board held by NLLS Director Mircea Panciuk and his staff, while 'Vanna' (NLLS driver Joanne McBroom) and assistant director Brigitte Saakaluk cheer the contestant on. Below, a delegate attempts to launch a marshmallow into her cup by tipping the plate it is on with a broom in the NLLS version of 'Minute to Win It.'



NLLS

(Continued from Front Page)

The presentation was a highlight of the three-day conference at NLLS headquarters in Elk Point and in the adjacent Elk Point Arts and Leisure Centre.

The well-attended conference featured two authors as keynote speakers, Fran Kimmel of Lacombe and Kelley Armstrong of southwestern Ontario, along with 26 sessions that gave participants new insight into everything from computer programs to time management, along with a panel discussion on self-publishing versus conventional publishing by three local authors (Story, Page 5).

A busload of delegates took the opportunity to visit the Fort George and Buckingham House Provincial Historic Site (See page 12) and everyone had time to check out the latest titles from a number of exhibitors, and following Thursday's keynote, to take part in a hilarious evening of their favourite game show activities, from 'The Price is Right' and 'Minute to Win It' to the ever-popular 'Plinko.'

Healthcare

(Continued from Front Page)

The friendly and helpful attitude of the physicians, was also noted, along with praise for "the individuals who labour on in spite of bureaucratic bungling, procrastination, indecision and incompetence."

Anderson also noted that the Alberta Council on Aging has hosted a workshop on dementia, focusing on giving family members and friends a better understanding of the disease and to share coping skills. It was held Sept. 17 at Heritage Lodge and was very well attended by approximately 65 people "who were very pleased with the presentation and the information that was shared," she said.

Anderson and Mayor Parrish Tung were scheduled to attend a meeting of all Health Advisory Councils with Minister of Health and Wellness Fred Horne on Sept. 21, where they hoped to share their concerns and hear what direction AHS will be taking in the future.



ANNUAL GENERAL MEETING

Thursday, October 10, 2013 at 7 p.m.
in the Club House (Staging Area) by Eco Ctr.



ANNUAL GENERAL MEETING

7:00 p.m.
Wed., October 9, 2013
A.G. Ross Arena - Horizon Room

Capsule Comments



by Your Natural Choice Apple Drugs pharmacist, Chris Letawsky

- Did you know that our bodies contain about 10 trillion human cells. Coexisting with these cells are bacterial cells numbering 100 trillion. These bacterial cells are called the "microbiome" of the body and play important roles in digestion, skin health and our immune system. Bacteria aren't all bad.
- The total fertility rate in Canada in 2011 was 1.61. This the average number of children per woman. The lowest rate was in B.C. at 1.42 while the highest was in Nunavut at 2.97.
- Drug researchers are still looking to nature to find ways to treat common diseases. Gout for example affects about 2% of Canadians over the age of 50. The humble cherry might be a source of relief. There is something in cherries that helps decrease the amount of uric acid in the body. Uric acid build-up is associated with the pain and swelling well-known to those with gout.
- Electronic cigarettes have not been OK'd for sale in Canada. They vapourize pure nicotine to satisfy the smoker's urge for the nicotine high. However, there is no evidence of the longterm safety of inhaling nicotine and the risk of addiction is always a possibility. For now, those wanting to stop smoking can use other forms of nicotine replacement. Our pharmacists can help.
- Our pharmacists will be happy to talk to you about smoking cessation. As well as having the will to quit and a way of replacing the nicotine you won't be getting from smoking, good counseling is also really important. We can help.



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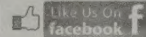
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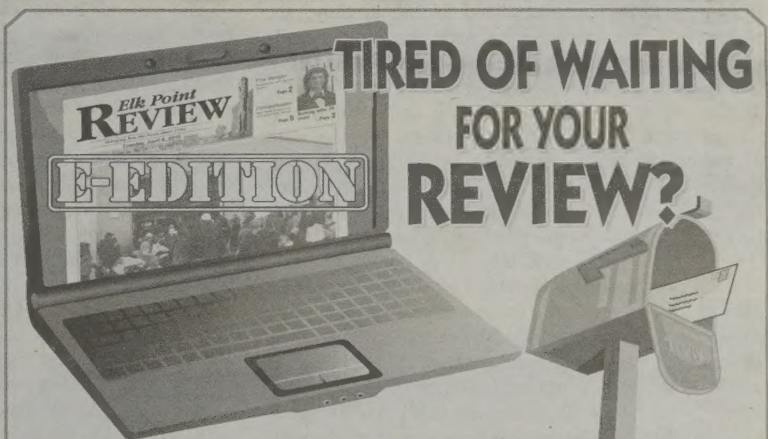
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EDITORIAL

The race is on

Today is the first day for candidates in municipal and school board elections across the province to officially get their campaigns underway.

It is to be hoped that these candidates will take a positive approach, telling voters what attributes they possess to be successful on a council or board, and what they hope to accomplish if elected.

A positive approach is much more appealing to the voters than hearing a candidate disparage the others on the slate, as was all too evident in the last provincial election.

Keep it clean, keep it positive and have a good race.

Way Back When...

Warnings, walk, wheeled sailboats

HERE'S THE NEWS THAT MADE THE HEADLINES OF THE LAKELAND REVIEW AND THE ELK POINT REVIEW FOR THE WEEK OF SEPT. 24 IN...

1988

There would be no more warnings for those who did not heed the speed limit and crosswalk warnings in the 51 St. school zone, RCMP Sgt. Bruce Best said, after two incidents where pedestrians were almost hit, crossing between F. G. Miller High School and Elk Point Elementary. Further Education was looking for a new home, after their space in the Community Services Building was pre-empted for a classroom during renovations to the Elk Point Elementary School,

1993

Town council and the Elk Point Ag Society resolved their differences, with Mayor Ed Buck and Ag Society president Glenn Harms shaking hands on a pledge to improve communication and cooperation. The chamber of commerce was embarking on a busy phase of rejuvenation, following a Northern Alberta Development Council workshop on economic development.

1998

Forty-two participants raised \$4,265 as they ran, walked and rode for cancer research, the group including four generations of one family, from fundraising champion Peggy Maas down to her great-granddaughter Taylor Jenner. The new town council that would take office in late October would face a heaping plate of major decisions, regarding waste management, gas utility and the possible loss of both the Northern Lights Library System headquarters and Elk Point Healthcare Centre's emergency department.

2003

Elk Point Historical Society's Hospital Day looked back at health care in the community since its earliest days and featured memorabilia, reminiscing and the unveiling of a book written by the late Dr. F. G. Miller, one of Elk Point's pioneer doctors. Vice-president Jonny Nielsen took charge of the Elk Point Chamber of Commerce for the remainder of the term, following the resignation of president Glenn Harms, with Nielsen, treasurer Rod Randall and Sid Holthe successful in quashing a move to change the chamber's year end and annual meeting from February to Aug. 31, due to restrictions they found in the bylaws.

2008

With their headquarters a maze of construction, Northern Lights Library System convened under a big top for most of the sessions of their annual conference, including a hilarious race of book carts dressed as sailboats. With 99 sleeps to go before Christmas, the chamber of commerce set Friday, Nov. 29 as the date for their annual Christmas Extravaganza.



GUEST COLUMN

Harvest moon

A harvest moon occurs at a specific time of the year. The moon officially turns full when it reaches the spot opposite to the sun. The harvest moon happens on 13:59 Greenwich time on the Saturday nearest to the fall equinox, which is September 23. In traditional skylore, the harvest moon is the full moon closest to the autumnal equinox, and depending on the year, the harvest moon can come anywhere from two weeks before to two weeks after the autumnal equinox. For us in the Northern Hemisphere, the 2013 autumnal equinox comes on September 22, so the September 19 full moon counts as the Northern Hemisphere's harvest moon.



deanna EASTHOPE
from the FCSS desk

Did you all notice the full moon this last weekend? Actually, some people have full moon myths about people behavior when a full moon appears in the sky. Urban legends suggest that full moons throw everything out of whack from our moods to fertility to romance. Some police and hospital workers still claim that people are wilder on a full moon. So there you go. What do you believe and what did you notice this last weekend? Maybe we should just be safe and call it the harvest moon, which was there to help our farmers.

Speaking of the harvest moon, do you know what else happened around this time? In 1956, a global milestone occurred. Global telephone communications using submarine cables began on September 25, 1956, when the first transatlantic undersea telephone system, TAT-1 went into service. The site was from Clarenville, Newfoundland to Gallanach Bay, in Oban, Scotland. TAT-1 was a great technological achievement providing unparalleled reliability with fragile components in hostile environments. It was made possible through the efforts of engineers at AT&T Bell Laboratories and British Post Office. The system operated until 1978. Oh, you are probably saying, "that was 1956, before I was born and look what is recently being launched with I-phones!!" O.K., let us say that modern technology has really grown fast in the last 57 years. And yes, all of this was launched around the harvest moon time.

Technology is not the only thing that happens around the harvest moon time. We will have to ask our local sports person if he knows about the history

of what happened in 1927. The NHL's Toronto St. Patricks became the Maple Leafs. The Toronto St. Patricks professional men's ice hockey team started as an amateur ice hockey organization in 1919 when the club purchased the Toronto National Hockey League (NHL) franchise from NHL. The club renamed the franchise the Toronto St. Patricks Club and operated the franchise until 1927, when it was sold to a partnership of Conn Smythe and Toronto investors. The club won the Stanley Cup in 1922. What happened was that the club was in trouble in 1927, both on ice

and legally. Querrie lost a lawsuit to Livingston and decided to put the St. Pats up for sale. He gave serious consideration to a \$200,000 bid from a Philadelphia group. However, Toronto Varsity Graduates coach, Conn Smyth put together an ownership group of his own and made a \$160,000 offer for the franchise. With the support of St. Pats shareholder J.P. Bickell, Smythe persuaded Querrie to reject the Philadelphia bid, arguing that civic pride was more important than money. Yes, this change in history, the new name of the Toronto Maple Leafs occurred on September 24, 1927. Oh dear, that is another example of what took place around the harvest moon time.

What else occurred on this date in history that might be of interest? Well, in 1895 the first round the world trip by a woman on a bicycle took place. (This took 15 months to complete.) In 1948, the Honda Motor Company was founded. And our American friends might remember that President Eisenhower suffered a heart attack while on vacation in Denver on this date in 1955. All of these are events that occurred around the harvest moon time.

So whether it is technology, sports, moon myths events or something else, the harvest moon is also important to birds. Some migrate at this time.

Actually there is an added treat to watching a harvest moon. A low hanging harvest moon can give an array of colors that is not usually seen. This is called moon illusion because the rising or setting moon looks bigger than when it does high in the sky. As the kids say: "Oh, whatever!" But, let me say, may you all experience a good, positive harvest moon during the 2013 time period.

Elk Point Review

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Vicki Brooker photo

LOCAL AUTHORS - Left to right, Jennifer Flanders Van der Hoek and Diane Ziomek of Elk Point and Elaine Schuh of St. Paul proudly display their published volumes at the conclusion of their panel discussion on self-publishing versus traditional publishing at the Northern Lights Library System conference on Friday.

Local authors tell their stories at NLLS

By VICKI BROOKER
Review Staff

What used to be referred to as 'the vanity press' is now just a means many authors use to see their book in print without a long, frustrating wait for their work to be accepted by a publisher.

"I wanted it to be done yesterday," Elk Point author Jennifer Flanders Van der Hoek told Northern Lights Library System conference delegates Friday, when she and fellow authors Diane Ziomek and Eileen Schuh took part in a panel discussion on self-publishing.

"I self-published because people kept asking, 'When are you going to write a book?' I did all the formatting and editing, and having full control makes it my book," Van der Hoek said. Creating her young adult murder mystery, 'The Phantom of Lone Pine Lake,' "has been a fun experience." The first book of her vampire series "is in the editing stage," and in answer to numerous requests, "the sequel to Lone Pine Lake is in the writing stage. Actually I have about 50 books on the go," she told the group.

"I always liked to write, but it was not until 2010 that I took it seriously," Ziomek said. "I decided to write about what I know. Young people are leaving home and they need to know how to do things." Thus her Homemaker Helper series was born, with the first title based on crafts such as quilting and crochet, a natural topic for the former quilt store owner. Another how-to volume is 'Success... it starts with you,' and gives valuable insight

into starting a home-based business, 'Craft Shop Report' talks about marketing for others and 'Writeful Advice' offers tips on writing, self-publishing and marketing.

Ziomek didn't venture into fiction writing until she signed up for the NaNoWriMo 2012 Challenge, to write a minimum of 50,000 in 30 days. The challenge resulted in the creation of 'The Hidden Estate,' which she said, "pretty much wrote itself," once she "stepped out of my comfort zone and wrote just for the fun of it." The words came quickly, but she ended up "writing 20,000 words a day at the end of the month. It was insane."

Her choice to self-publish came because "I'm impatient. I didn't want to wait to hear from publishers."

Schuh, who has "had the urge to write since before I started school," has experience with both traditional and self-publishing, and told the group that with traditional publishing, "the publisher buys the rights to the book, pays you an advance, takes over editing and design, and pays you royalties when the book is sold. With self-publishing, I either do it myself or pay others to edit and format it." She warned that there are "a lot of scams out there" in the self-publishing world, and suggested anyone considering self-publishing to check out the "predators and editors" website. "If you are self-publishing, you should make the money."

Many famous authors have self-published their work, she noted, from Mark Twain to D. H. Lawrence, Leo Tolstoy

and James Joyce.

Schuh's debut novel, 'The Traz,' "is and remains self-published. I was led through the process," she said, after submitting it to a traditional publisher and "got a rejection right away." She has seven or eight more novels in draft form in her computer, but said they take "more time to edit than to write. It took two to three years for 'The Traz.'" In the meantime, she wrote an adult science fiction novella, 'Schrodinger's Cat,' and sent it to a traditional publisher. "I got a contract for 'Cat' before I finished editing 'The Traz.'" 'The Traz' and 'Fatal Error' are both for the young adult audience, and are in school libraries and young offender facilities. She also sells her books through various local outlets.

All three of Schuh's books are available in e-book form, as are Ziomek's novel, 'Homemaker Helper Crafts' and 'Craft Shop Report'.

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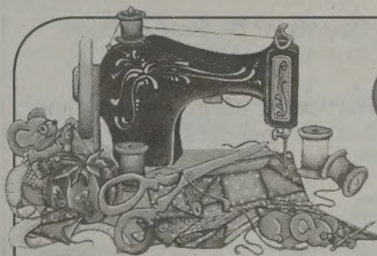
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Grueling Iron Horse Ultra 100 returns

By RYAN McCRACKEN
Review Contributor

The Iron Horse Ultra 100 is back for a fifth year, from Oct. 4-6, and Promotions and Trail Coordinator Ben Poulin says that they have already surpassed last year's registration for the grueling ultra-distance run.

"We officially have over 100 runners registered . . . last year we were at 82," says Poulin. "There are still some trickling in so we might break that 100 runner barrier this year."

The Iron Horse Ultra 100 is a punishing 100 km or 100 mile run along the Iron Horse Trail, and it attracts a special breed of thrill seekers from all over the country, and beyond.

"Nationally we've got people coming from as far away as Kamloops (B.C.) and Brandon, MB. We're not 100 per cent sure but we've been contacted by a guy from New Zealand who is biking his way up from Mexico right now," says Poulin. "He can't guarantee he can make it . . . but we said that if he gets here by Oct. 4 we'll let him race."

Poulin says that Iron Horse Ultra offers a less-strenuous ultra-distance run compared to a number of others, which attracts a range of competitors.

"A lot of new faces are coming in. I think where runners find the appeal for our race is in the time of year, because it's cool, dry conditions which makes for easier running," he said. "It appeals in two ways. One, it's appealing for people who are just getting into ultra-distance running, it's not an overly technically challenging course. And more experienced runners like it because it's a

fast course and they can have fast times on their repertoire."

Runners can opt to take on the race as a soloist in either the 100 km or 100-mile category, or to race as a team. In the 100 km run, teams of up to five are permitted, and teams of up to eight are permitted for the 100-mile run.

Participants will convene at Reunion Station on Oct. 4 for an orientation, and at 7 a.m. the following morning the runners will take off down the Iron Horse Trail.

Poulin added that they are still looking for volunteers in a number of capacities, and encourages anyone interested to come out and lend a pair of hands, even if just for applause.

"We definitely have more than we did last year, which is great, but there's never enough. The big thing for us would be for people who are willing to maybe pull overnight shifts at either aid stations or even to just help us out with trail supervisions with quads," he said, adding that the majority of runners typically reach the finish line at Reunion Station in the early morning hours of the Sunday.

"If people just want to come cheer on runners at the finish line, they can volunteer their enthusiasm, in the middle of the night of course, because we'll have them coming in anywhere between five o'clock in the evening until 10 o'clock Sunday morning."

Anyone interested in joining the volunteer effort for the Iron Horse Ultra 100 can contact Monique Poulin at (780) 645 4044.

Zone winner off to Provincials

F. G. Miller High School student Jalyne Mountain is off to Strathmore, Alberta to compete in the Alberta Schools Athletic Association provincial golf championships on Sept. 23 and 24, after bringing home the gold medal from Zone competition in Lloydminster last Monday. Jalyne has been golfing since she was in Grade 3, and when she learned that "whoever wanted to go" from her school could play at Zones, she was eager to compete. Her brother also competed, but ended up out of the medals.

Vicki Brooker photo



Emergency Services Golf Tournament 'one of the best'

By VICKI BROOKER
Review Staff

Elk Point Emergency Services president Lyle Frisby says that although less teams than usual took part, last week's 14th Annual EPES Golf Tournament was "one

of the best we've ever had. It went really, really well."

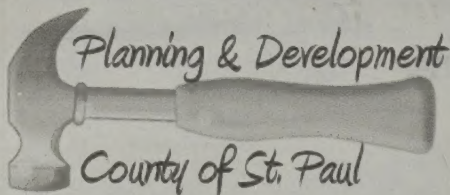
The total hasn't been added up yet, but Frisby says "somewhere between \$8,000 and \$10,000" from donations and silent auction sales will be going to support the Shock Trauma Air Rescue Society (STARS). As a non-profit society, 75 per cent of STARS funding needs are met through private donations and charitable events such as Elk Point's annual tournament. Through generous local support, EPES has been able to donate more than \$190,000 over

the past 13 years to keep STARS in the sky.

Frisby says EPES will be making the presentation to STARS at their earliest opportunity.

The smaller turnout didn't detract from the enjoyment of the event, and although Frisby said it wrapped up earlier than in previous years, "everyone had a great time."

The Hahn Welding team took home the first place prizes, and at the other end of the spectrum, the Pain Relievers received the Highest Score award, which, Frisby joked, "was not for their first time."



The Land Use Bylaw governs all building and development within the County of St. Paul No 19. Here are a few things you should know:

Work Camps

What is a work camp?

All work camps that meet any of the following and are an accessory use to industrial or resource development, require a development permit:

- Fourteen days in duration;
- Minimum of five workers;
- Minimum of three and a maximum of 50 recreation vehicles;**
- Minimum of one prefabricated multi accommodation unit; and
- Minimum of one prefabricated eating/washroom/shower unit.

How long is a work camp permitted to remain for?

All permits are valid for 1 year. After 1 year passes, a new permit must be applied for. In regards to work camps consisting of recreational vehicles, the work camp may only operate from April 1 to December 1 of each year.

Where can work camps be put?

The Land Use Bylaw allows for the creation of work camps in the Agricultural and Industrial/Commercial districts only.

Have a question for Planning and Development that you want to see answered in the local paper? Send it to us at kfedoretz@county.stpaul.ab.ca or call us a 1-780-645-3301.

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(AWES Agroforestry & Woodlot Extension Society) and
Tozo Bozic
Agroforester/Bioenergy Specialist
(Alberta Agriculture and Rural Development)

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Bringing you the news since 1984

AHS reorganization brings 'leaner' executive

By JANICE HUSER
Review Contributor

On Sept. 10, Minister of Health Fred Horne and Official Administrator of Alberta Health Services Janet Davidson announced "a modified organization structure for Alberta Health Services," according to a press release from AHS.

The release says that the new structure will help AHS "better focus on patients and people, and on improving health outcomes." The new executive team

is described as being "leaner" and organized in a simpler manner, which should help with faster, more efficient, decisions being made.

A report by Davidson determined that AHS should move from 80 senior executives to 10. Most of the senior executive positions "will be reprofiled to support front-line staff," but five positions were eliminated, according to a release from the province.

"While moving to a central health authority

has brought with it many benefits, including approximately \$700 million in cost savings and standardization of service, more work needs to be done in several areas including consultation and support for health care providers," said Davidson.

Findings of the report admit that the "current AHS structure is top-heavy and not the best model to support front-line staff." It also determined that the structure was confusing

and community leaders were unsure of "how to interface with AHS."

Lac La Biche-St. Paul-Two Hills Wildrose MLA Shayne Saskiw wasn't pleased with many of the changes that took place.

"Changing the chairs on the Titanic isn't going to solve health care in this province," said Saskiw. He believes the province should move away from centralized decision-making and back to local decision making, while funding frontline doctors,

nurses and support staff.

Another change made will see AHS's previous five geographic zones changed to just two, a north and a south zone.

Saskiw says this change worries him because executives will be primarily from the cities, and this could be seen as an "assault on rural health care." The MLA believes the process will be flawed, and will result in flawed decisions.

IN MEMORIAM

In loving memory of
Violent E. McFadyen



April 25, 1916 -
September 28, 2011

The days, weeks and months have added another year to when you were with us last.

Your memory is our keepsake and with us it will always be.

In our hearts your memory gives us the strength to face each new day.

Your kind and caring heart, your ready smile, your gentle voice will always be an inspiration to us.

Your gentle ways, kind and helpful words, your encouragement and your love, will always guide us and be part of our beautiful memories of you.

Our hearts ache with sadness and tears so often fall, what it has meant to be without you, no words can fully express.

You will be our cherished, much loved, admired and respected mother, mom, mother-in-law, grandma, great grandma and great great grandma.

With your love and wisdom in our hearts and our minds, you will always be with us everyday of our lives.

Lovingly remembered and forever missed,
Chris and family, Malcolm, Marjorie and family and Myrna and Bill

IN MEMORIAM

In Loving Memory
Glen & Mickey Cinnamon



We cannot think of them as dead
Who walk with us no more:
Along the path of life we tread
They have but gone before.
And still their silent ministries
Within our hearts have place,
As when on earth they walked with us
And met us face to face.
Forever missed by your family.

Who's in the running?

Due to the Review's press deadline, results from the Sept. 23 nomination day for the upcoming municipal elections were not yet available. Please visit the St. Paul Journal website at www.spjournal.com for a story on whose names will appear on the ballot on Oct. 21.

Municipal elections now take place every four years in Alberta.

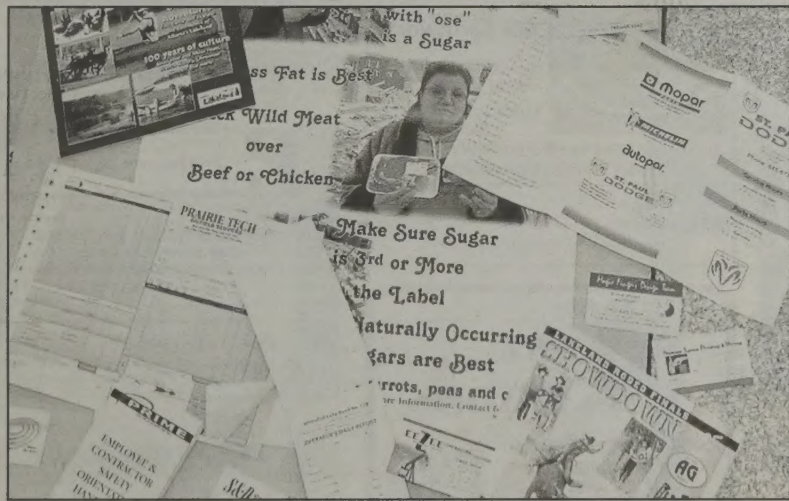
Chamber moved to next week

By VICKI BROOKER
Review Staff

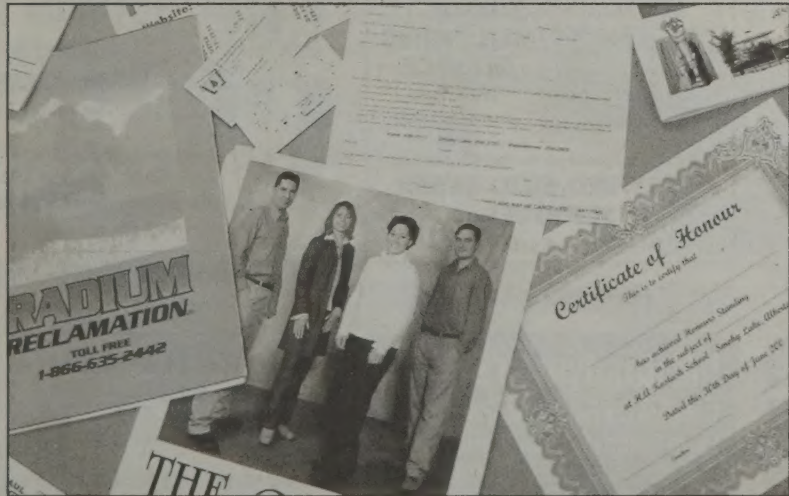
Packed schedules have caused the Elk Point Chamber of Commerce to once again postpone their first meeting after the summer break. It will now take place on Thursday, Oct. 3, which would be the group's normal October meeting date, however the time is moved to 6:30 p.m., at the Empress.

President Debra McQuinn is hoping for good attendance at the meeting as the chamber discusses future operation of the Visitor Information EcoCentre, makes plans for projects in the coming year, and gets planning underway for the Nov. 29 Christmas Extravaganza.

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TAKING A RIDE - Elk Point 4-H Beef Club members took part in the St. Paul Rodeo Parade on Sept. 1.

Elk Point 4-H Beef Club report.

By ROY AND HEIDI TYMKO
Elk Point 4-H Beef Club
 On August 31, the club participated in the St. Paul Rodeo Parade. We had a fun time and saw a lot of people.
 We plan on collecting Ivomec boxes and jugs to help fundraise for the club. You can pass them to any member. Our members will also be selling Mundare sausage this fall.
 We plan on having our organizational meeting on Monday, October 7 at 7 p.m. at the Elk Point riding arena. We have some exciting activities ideas and fun events for the year!



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3010. Auctions

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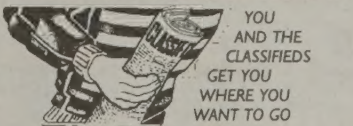
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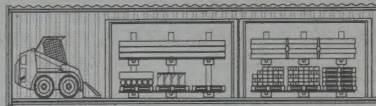
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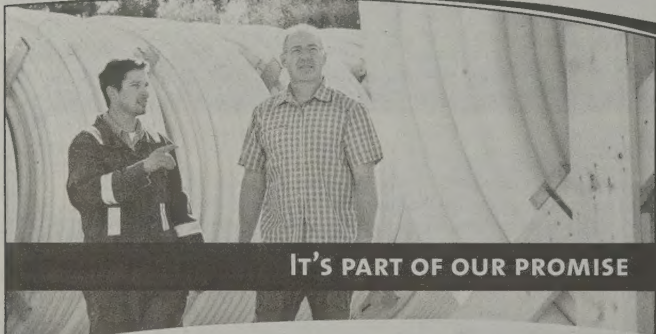
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St. Paul Education Regional Division No. 1
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Fax: (780) 645-5789

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Alberta's Iron Horse Trail, Lakeland Young Naturalists' Club kick off Explorer Days

By **MARIANNE PRICE**

Alberta's Iron Horse Trail

Alberta's Iron Horse Trail is partnering with the Lakeland Young Naturalists' Club to kick off the first Explorer Days in Bonnyville

The Young Naturalists' Club is a Lakeland project that engages children and their families in nature education, natural history and ecology. "Partnering with the Lakeland Young Naturalists' Club was a natural fit" says Marianne Price, Administrative Coordinator for the Iron Horse Trail. "Pun intended" she adds. The Iron Horse Trail is an avid supporter of stewardship and preservation and, the trail provides many opportunities to observe nature from wild orchids to an abundance of animals in their natural habitat. Ecological settings range from Parkland, wetlands and boreal forest; each of these unique settings offers its own special brand of flora, fauna and wildlife.

The Lakeland Young Naturalists' Club is an opportunity for families to learn about the living systems that surround them in a hands-on manner. The program is designed to be affordable and accessible for everyone.

Nature, families and free are a winning combination when it comes to things to do on Saturday, October 5th at 10:00am. Observer Days is the inaugural event for the Lakeland

Young Naturalists Club – Bonnyville/Cold Lake Chapter and will be taking place at Jessie Lake.

Join in on a guided walk led by a member of the Beaver River Naturalist Society and into the home of our amazing feathered friends!

This is an opportunity to bring your family out, check out what the Club has to offer and consider joining either the Bonnyville/Cold Lake or St. Paul Chapter. You can also check us out on Facebook at YNC Lakeland.

For more information, please contact:

Alberta's Iron Horse Trail – Marianne Price
(780) 645-2913 office or (780) 645-8090 cell

Email: info@ironhorsetrail.ca

Beaver River Watershed Alliance – Alicia Fontaine

(780) 812.2182

Email: af.brwa@lica.ca

YNC Lakeland – Bonnyville/Cold Lake Chapter – Airiane Rogers

(780) 201-7425

Email: airiane@greenprintstudio.ca

YNC Lakeland – St. Paul Chapter – Marianne Masters

(780) 645-5859

Email: camuck18@hotmail.com

Harvest progressing well

By **SAM MACDONALD**

Review Contributor

This year, the harvest is progressing steadily, with dry, warm weather allowing for a lot of work to be done through the month.

County of St. Paul Reeve Steve Upham explains that farmers in the area are thankful for the weather they've been getting lately saying, "It's kind of unprecedented to get two weeks of high-twenties weather, in September, to get harvest moving."

He adds, farmers "couldn't have asked for better harvesting weather, we've been getting lower humidity and higher temperatures. The yields this year, as a result, are higher than average as well. All around it's a great fall – everyone hopes it carries on for another couple weeks until the harvest is done."

Keith Kornelsen, Assistant Agricultural Fieldman with the County of St. Paul agrees, saying the harvest is progressing well with the dry, warm weather.

"Farmer's are making good headway this year. The weather is so warm that they can even do a lot of their work through at night. It's all progressing fast, generally speaking," Kornelsen says.

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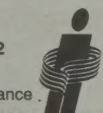
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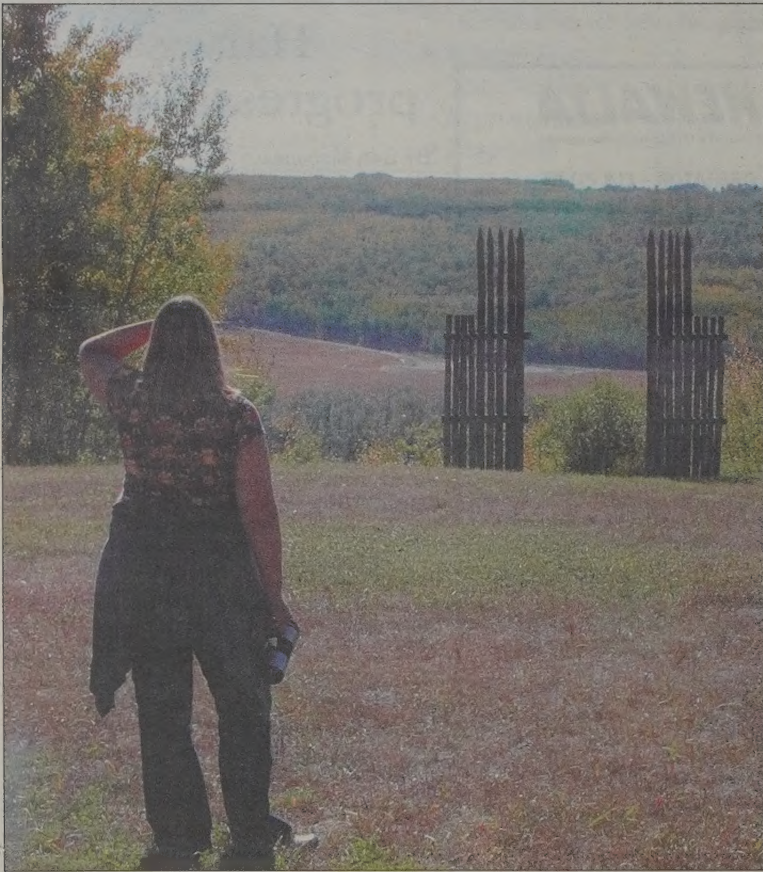
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New Arrival - Harley Davidson Signs



Northern Lights delegates visit the Forts

A bus load of Northern Lights Library System conference delegates toured Fort George and Buckingham House Interpretive Centre on Friday, and took a walk through the forest to the original site of the North West Company's Fort George, led by Friends of the Forts members Donna Chamberland (at far right, above) and Vicki Brooker (not shown), returning to the interpretive centre where Friends Marjorie and Roy Scott had the coffee pot on.



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Vicki Brooker photos